

# **FULLERTON COLLEGE**

## **3R RESOURCE DIRECTORY**

### **RESOURCE, RETENTION & REFERRAL**

**2014/2015**

*Courtesy of Fullerton College  
CalWORKs Office*

# TABLE OF CONTENTS

<b>COUNSELING SERVICES</b>	<b>3</b>
<b>SUPPORT GROUPS</b>	<b>4</b>
<b>PARENTING CLASSES</b>	<b>5</b>
<b>SUBSTANCE ABUSE TREATMENT</b>	<b>6</b>
<b>EMERGENCY SHELTERS WOMEN, CHILDREN &amp; YOUTHS.</b>	<b>6 - 7</b>
<b>MEDICAL, DENTAL, VISION SERVICES</b>	<b>7 - 9</b>
<b>PRENATAL SERVICES</b>	<b>9</b>
<b>MEDICAL ASSISTANCE</b>	<b>9</b>
<b>EMERGENCY ASSISTANCE FOR: FOOD, CLOTHING, SHELTER, AND UTILITIES</b>	<b>10 - 12</b>
<b>CROSS-CULTURAL SERVICES</b>	<b>12</b>
<b>LEGAL SERVICES</b>	<b>13</b>
<b>HOTLINES</b>	<b>13 - 15</b>

**COUNSELING CENTERS**

<b>CITY</b>	<b>TELEPHONE</b>	<b>FEE</b>
<b><u>ANAHEIM</u></b>		
Family Enrichment Center	(714) 758-1884	Sliding fee
Trinity College Counseling Center M-F 10am-8pm or by Appointment	(714) 992-9110	Sliding fee Base on income \$50-\$100
<b><u>CYPRESS</u></b>		
Straight Talk	(714) 828-2000	Sliding fee Minimum \$20-\$95 per hr
<b><u>FULLERTON</u></b>		
Child Guidance Center	(714) 871-9264	Sliding fee \$35 and up Medical Insurance no fee
<b><u>LA HABRA</u></b>		
The Gary Center (Bilingual Counselors)	(562) 691-3263	Sliding fee \$20 and up
<b><u>ORANGE</u></b>		
Chapman University Community Clinic (Contact Susan Jester, MFT at 997-6904 for availability of bilingual counselors)	(714) 997-6746	\$10 and up Sliding fee
Mariposa Women's Center	(714) 547-6494	Sliding fee \$20 and up
<b><u>PLACENTIA</u></b>		
Rosa Santoya (Licensed Marriage & Family Therapist) by Appointment only	(714) 996-7677	Sliding fee \$30 and up
<b><u>SANTA ANA &amp; PLACENTIA</u></b>		
F.A.C.E.S., Inc Family Assess Counseling / Education Services	(714) 993-2237	Sliding fee \$20 and up
Turning Point (Bilingual Counselors –Spanish) Monday-Sunday 9am-5pm	(714) 547-8111	Sliding fee \$20 and up No one turned away for lack of funds

**COUNSELING / SUPPORT GROUPS**

<b>CITY</b>	<b>TELEPHONE</b>	<b>FEE</b>
<b><u>ANGER MANAGEMENT</u></b>		
Straight Talk Cypress	(714) 828-2000	Sliding fee
La Familia (Bilingual Staff) Santa Ana	(714) 479-0120	Sliding fee
<b><u>ADULTS MOLESTED AS CHILDREN</u></b>		
Straight Talk Cypress	(714) 828-2000	Sliding fee
<b><u>GRIEF AND BEREAVEMENT</u></b>		
St. Jude Health Resource Line Fullerton	(800) 870-7537	Call for fee
<b><u>INTERPERSONAL PROCESS GROUP</u></b>		
Straight Talk (Support group for men and women experiencing relationship difficulties) Cypress	(714) 828-2000	\$10.00 per couple \$6.00 individual No one turned away for lack of funds
<b><u>STEPPARENTS SUPPORT GROUP</u></b>		
Straight Talk Cypress	(714) 828-2000	\$10.00 per couple

**PARENTING CLASSES**

<b>CITY</b>	<b>TELEPHONE</b>	<b>FEE</b>
<b><u>ANAHEIM</u></b>		
Children's Bureau Of So. Calif	(714) 517-1900	Free
Trinity College Counseling CTR	(714) 992-9110 Press "0"	Sliding fee
Girls & Boys Town Of So. Calif Open schedule evenings & weekends	(714) 558-0303	Sliding fee No cost for O.C. Residents
<b><u>CYPRESS</u></b>		
Straight Talk	(714) 828-2000	\$10 /couple \$6/individual Per session
<b><u>FULLERTON</u></b>		
FACES, INC.	(714)993-2237	Sliding fee \$25 and up
<b><u>LA HABRA</u></b>		
The Gary Center (Spanish & English)	(562) 691-3263	\$12/couple \$8/individual
<b><u>ORANGE</u></b>		
Center for Individual and Family Therapy	(714) 558-9266	Sliding fee \$50 up to \$100
In Brea (Brandon Joffee)	(909)547-4304	\$25-and up
Friendly Center/ Community Programs (Bilingual)	(714) 771-5300	Free
<b><u>SANTA ANA</u></b>		
C.A.R.E. Counseling Center	(714) 836-9900	Sliding fee
Child Abuse Prevention CTR/O.C. Parenting Education Classes	(714) 543-4333	Free

**SUBSTANCE ABUSE TREATMENT PROGRAMS**  
**(OUTPATIENT)**

**ORANGE COUNTY HEALTH CARE AGENCY**

\*All County services below accept Medi-Cal or based on ability to pay  
**Treatment for Alcohol and Drug Abuse:**

California Hispanic Commission on Alcohol and Drug Abuse, Inc.

CHCADA

Santa Ana

(714) 479-0120

(Bilingual Staff)

\*Latinos only

**SUBSTANCE ABUSE TREATMENT PROGRAMS**  
**(INPATIENT)**

**Residential Treatment Programs:**

Hope House

Anaheim

(714) 776-6090

**EMERGENCY SHELTERS FOR WOMEN & CHILDREN**

Interval House

Multiple locations in Orange and LA Counties

(714) 891-8121

For victims of domestic violence, sliding fee.

Laura's House

(949) 498-1511

For victims of domestic violence, free

Human Options

(877)854-3594

For victims of domestic violence, sliding fee.

Women's Transitional Living Center

Orange, CA

(714) 992-1931

For victims of domestic violence, free

Wise Place

1411 N. Broadway

Santa Ana, CA 92706

(714) 542-3577

Transitional program, non-emergency, \$75 per week; takes 1-2weeks of approval

For single women with no children in need of transitional housing assistance. Must be 18 or older and employable.

Women's Shelter of Long Beach  
(562) 437-4663  
30-45 days of safe shelter

### **YOUTH SHELTER**

CASA Youth Shelter  
Los Alamitos  
1-800-914-2272  
1-800-914-Casa  
Ages 12-17, 2-week program and extended placement program, sliding fee

CSP Shelter  
Laguna Beach  
(714) 842-6600  
Ages 11-17, 2-week program, sliding fee

Laurel House  
Tustin  
(714) 832-0207  
Ages 11-17(teenage girls), sliding fee no one turned away

### **SPECIAL YOUTH SERVICES**

Safe Interventions  
1-877-877-3356  
Huntington Beach  
Provides runaway retrieval, escorts, & referrals. Fees vary on a case by case base.

### **MEDICAL, DENTAL, VISION** **MEDICAL**

County of Orange Health Care Agency  
Referral Line: 1-800-564-8448  
Medical services for infancy through age 18 and 21 years of age, if on Medi-cal

Planned Parenthood  
7915 Garden Grove Blvd.  
Garden Grove, CA 92841  
(714) 891-0955  
Medical services for the entire family from infants to seniors. Comprehensive health assessments, health screenings, hearing and vision tests, immunizations, minor urgent care, pediatrics, prenatal care. Accepts Medi-Cal. Sliding Fee scale.

La Amistad Family Health Center  
353 S. Main Street  
Orange, CA 92868  
(714) 771-8005  
Primary care practice for all ages, sliding fee scale. Bilingual in Spanish.

Lestonnec Free Clinic  
1215 E. Chapman Ave.  
Orange, CA 92866  
(714) 633-4600

Staff speaks Spanish, sliding fee scale. To qualify for services, bring ID, social security, and proof of income.

## **DENTAL**

### **Medi-Cal Dental Referral Line**

800-322-6384

Orange County Dental Society

(714) 634-8944

Provides dental referrals, including emergency dental programs

La Amistad Family Health Center

353 S. Main Street

Orange, CA 92868

(714) 771-8005

### **ANAHEIM**

Beauchamp/Western Dental Center

(714) 635-6000

Accepts Medi-Cal

### **BUENA PARK**

Beauchamp/Western Dental Center

(714) 995-3976 Accepts Medi-Cal

### **COSTA MESA**

Share Our Selves (SOS) \*

(949) 650-0640 &

(949) 650-6976

Adults only, Bilingual services

### **HUNTINGTON BEACH**

All Children's Dental

(714) 379-3100 Accepts Medi-Cal

### **LA HABRA**

The Gary Center

(562) 691-3263

Bilingual services

### **ORANGE**

La Amistad Family Health Center

(714) 771-8005 Bilingual services

Lestonnac Free Clinic  
(714) 633-4600  
Bilingual services

**SANTA ANA**

O.C. Health Care/Dental Services  
(714) 834-8408  
Emergency dental care limited to simple extractions for adults or children. Fee covers exam, x-ray and extraction.

**VISION**

Optometric Center of Fullerton  
2575 Yorba Linda Blvd. (Corner of Associated Rd. & Yorba Linda Blvd.)  
Fullerton, CA  
(714) 449-7400  
To qualify bring in proof of income at the time of your appointment, bilingual services available.

**EDUCATION/CARE FOR PREGNANCY**

Clinic for Women/ Clinica Para la Mujer  
1241 W. 17th St., Ste. 101  
Santa Ana, CA 92706  
(714) 285-9811  
Testing, childbirth /pre-natal classes and teen pregnancy and follow-up, Medi-Cal assistance, Bilingual Staff.

Family Planning Clinic – Family Pact  
800-564-8448 (General Information)  
O.C. Health & Dental Services  
800-914-4887 (Medical Questions)

M.O.M.S (Maternal Outreach Management System)  
1128 W. Santa Ana Blvd. M-F 8:30am -5pm  
Santa Ana, CA 92703  
(714) 972-2610  
Assistance with access to prenatal care/financing; case management-including home visits; classes-prenatal, postnatal, infant parenting, support groups, resource library; Services also offered in Spanish. Sliding Fee)

**MEDI-CAL ASSISTANCE**

O.C. Social Services/MSI - Indigent  
O.C. Social Service Agency  
P.O. Box 70017  
Anaheim, CA 92825  
(714) 575-2400

**EMERGENCY ASSISTANCE FOR FOOD, CLOTHING, SHELTER AND UTILITIES**

**ANAHEIM**

St. Boniface Service Center

120 N. Janss Street

Anaheim, CA 92805

Food for the homeless T,TH 5-5:30pm. M-F 6pm. Service Center distributes food to families M-F 9am-11:45pm and 1pm-3pm at 124 N. Resh Street. **Must bring ID and proof of residency (e.g. utility bill).**

**(714) 535-2742**

Stadium Vineyard Church

1531 S. Sinclair

Anaheim, CA 92806

Emergency food and clothing for anyone in need. Sunday 12pm-2pm. Office hours T-F 9am to 4pm. No proof of residency required

**(714) 937-5111**

Vineyard Christian Fellowship

Benevolence Program

5340 E. La Palma Ave

Anaheim, CA 92807

Food bags and some clothing T-W-Thur.9:30am-11am. Lunch/Food bags Sun.-12:15-1pm I.D. required. Service offered one time a year. Food Pantry Tues. and Thurs. 9am – 10:30am. Fruits and veggies.

**(714) 777-4777**

**FULLERTON**

First Lutheran Church

215 N. Lemon Street

Fullerton, CA 92832

Dinner Tuesday 6pm (to feed the homeless). Emergency box of groceries Wednesdays 10-12 pm. ID required, proof of address in North O.C.

**(714) 871-7820**

Fullerton Interfaith

611 S. Ford Avenue

Fullerton, CA 92632

M-F 1:00 P.M. - 4:00 P.M

Emergency food boxes, services are limited and may vary. Photo I.D. required and proof of address.

**(714) 738-0255**

Fullerton College Care Bank

Associated Students Office, Building 200/College Center, Room 222

Assistance with food, bus tickets to and from school. Must be enrolled in 5 units at Fullerton College.

Interviews with Coordinator are confidential.

**(714) 992-7118**

Hot Meal Ministry  
Orangethorpe Christian Church  
2200 W. Orangethorpe Ave  
Fullerton, CA 92833  
Free Dinner every Monday 6pm. Some babies supplies, adult and children's clothing as available.  
**(714) 871-3400**

Seventh Day Adventist Church  
2355 W. Valencia Drive  
Fullerton, CA 92833  
Groceries and clothing for needy families on Tuesdays 12am-4pm. OFC HRS: M-Th 11am - 4pm.  
**(714) 525-4561**

St. Andrews Episcopal Church  
1231 E. Chapman Ave  
Fullerton, CA 92831  
Hot meals and clothing Friday 6pm-6:45pm  
**(714) 870-4350**

St. Mary's Catholic Church  
St. Vincent de Paul Program  
400 W. Commonwealth  
Fullerton, CA 92632  
Food available on Thursdays at 9:00am to 10:30am First time recipients need to register outside of rectory office.  
After initial registration, qualified applicants are eligible to receive assistance once a month. Must bring I.D. for self and children. **Proof of residency in Orange County**  
**(714) 525-2500 EXT 110**

### **LA HABRA**

Community Resource Care Center  
790 E. La Habra Blvd.  
La Habra, CA 90631  
M-F (1:00 P.M. - 5:00 P.M.)  
Food, limited rental assistance, clothing, and utilities. **Must bring ID, and proof of residency (e.g. utility bill) La Habra Residents Only**  
**(562) 697-1199**

The Gary Center  
341 Hillcrest St.  
La Habra, CA 90631  
M-TH (9:00 A.M. - 8:00 P.M.); F (8:00A.M. - 4:00 P.M.)  
Family dentistry, food distribution, and referrals for counseling.  
**La Habra Residents Only (562) 691-3263**

### **ORANGE**

Orange Covenant Church  
250 S. Prospect Ave  
Orange, CA 92869  
Emergency food for low income. HRS: T-F 9am-2pm.  
**(714) 633-6464**

**PLACENTIA**

Placentia Human Services

974 S. Melrose Avenue

Placentia, CA 92670

M-Thur. (8:30 A.M. - 4:30 P.M.)

Information and referral, emergency food, utility assistance, shelter, job development (Age 16-21 only).

Proof of residency, income and ID required. **Cal Optima Representative available on Mondays after 1pm (714) 986-2333**

**COMMUNITY ACTION PARTNERSHIP OF ORANGE COUNTY**

Free food provided for: Children under the age of 6, Pregnant Women, Women who are breast-feeding and Senior citizens (60 years or older)

Each eligible person receives a box of food. Qualified applicants will receive food the same day. For a site near you, call **(714) 897-6670** or **(714) 667-0717 to pick up food.**

To meet requirements, applicants must bring: Identification; proof of income (Medi-cal card, paycheck stub, CalWORKs letter or Food Stamp card) Proof of child's age (Medi-cal card, birth certificate, or immunization card).

**UTILITIES**

**COMMUNITY ACTION PARTNERSHIP OF ORANGE COUNTY**

Offers assistance to low-income families. Up to \$200.00 in energy credits can be applied to either your gas or electric bill. Assistance also offered with a past due bill or a shut-off notice as well. The following documents will be needed in order to verify if applicant qualifies: CA ID/License; Social Security Card; Current Utility Bill; Current Pay Stubs/AFDC/Pension/SSI Letter **(714) 839-6199 or (800) 660-4232 TDD/Hearing Impaired Line: (714) 839-2983**

**CROSS CULTURAL SERVICES**

Cambodian Family

1111 E. Wakeham Ave. Ste. E

Santa Ana, CA 92705

**(714) 571-1966**

A private non-profit agency providing services to help Southeast Asians adjust to the U.S.

Employment service, consumer education, translation services, parent education and counseling are among services provided. Staff speaks; Vietnamese, Lao, Hmong, Cambodian, and Spanish. Services are free.

Southern Indian Center, Inc.

10175 Slater Ave. Suite 150

Fountain Valley, CA 92708

**(714) 962-6673**

Non-profit educational, cultural, economic and recreational programs for American Indians. M-F 8am- 5pm

Vietnamese Community of Orange County

1618 W. First St.

Santa Ana, CA 92703

**(714) 558-6009**

Non-profit agency providing services such as counseling, citizenship classes, green card processing, vocational skills and job placement assistance, and medical services. M-F 8am-5pm Saturday 9am-12pm

## **LEGAL SERVICES**

### **LEGAL ASSISTANCE**

College Legal Clinic  
1231 E. Chapman Ave.  
Fullerton, CA 92831  
**(714) 870-5757**

Free attorney consultations and referrals. OFC HRS: M-Th9am-5pm, Friday 11am-1pm. Student I.D. required.  
Services available to general public for \$15 fee.

Legal Aid Society of Orange County  
902 N. Main St.  
Santa Ana, CA 92701  
**(714) 571-5200**

Legal services are free to eligible clients residing in O.C. Services include: family law, child custody, employment, etc.  
Call for an appointment. Staff speaks Spanish. [www.legal-aid.com](http://www.legal-aid.com)

### **And**

Anaheim Office  
250 E. Center  
Anaheim, CA 92805

### **MEDIATION**

CSP Dispute Resolution Services  
1221 E. Dyer Rd. Ste 120  
Santa Ana, CA 92705  
**(949) 250-4058**

**Email: [disputeresolution@cspinc.org](mailto:disputeresolution@cspinc.org)**

Offers mediation services to all county residents. OFC HRS: M-F 8am-5pm. Sliding fee scale. Part time staff speak Spanish.

## **HOTLINES**

### **1-800-9HEROIN (1-800-943-7646)**

Information and referral to support groups, treatment, etc. for all types of alcohol and substance abuse.

### **Family Crisis Center**

**(310) 379-3620**

Counseling and referral to resources for domestic violence.

### **AIDS Service Foundation**

**(949) 809-5700**

Information on support groups for individuals with HIV Disease. (*Free and Confidential Testing Tues, Wed & Thur 3pm-8pm Sat 10am-4pm 45 min result.*) Office hours: M-F 8:30am-5pm.

### **AL-ANON Information Services**

**(714) 748-1113**

For families and friends of people with drinking problems. Also offers Alateen Program.  
Office Hours:M-F 9-4:30

**Alcoholics Anonymous**

**(714) 556-4555;**

**North County Call: (714) 773-4357**

**South County Call: (949)582-2697 Spanish: (714)956-7243**

Meetings for alcoholics who want to help themselves. Call for meeting times and locations. M-F 9am-7pm Saturdays and Holidays 9am-9pm [www.oc-aa.org](http://www.oc-aa.org)

**Battered Woman's Self-Help Line**

Human Options

**(877)854-3554 (24hrs)**

Self-help line for those who have experienced physical or verbal abuse.

**Birth Control Information for State**

**(800) 942-1054 (24 hrs.)**

Referrals for family planning and birth control services through California. Female cancer testing. Testing and counseling for HIV . Low cost. Spanish speaking referral available.

**Girls and Boys Town National Hotline**

**(800) 448-3000**

Crisis & resource referral services for children and parents. Highly trained telephone counselors to help with any problem.

**California HIV/AIDS Hotline**

**(800) 367-2437**

Referral and peer counseling in English, Spanish, and Filipino. TDD Service available at (888) 255-2437. Hotline Hours: M-F 9:00- 4:00.

**California Youth Crisis Line**

**(800) 843-5200**

Crisis intervention, counseling, resource referral, message relay. Service available to teens and young adults ages 12-24 and any adults supporting youth throughout California. Staff speak Spanish.

**Child Abuse Registry**

**(714) 940-1000 or (1800)207-4464**

Central registry to report all incidents or suspicions of child abuse. Consultation, information and referral services.

**College Hospital Helpline**

**(800) 352-3301 24hrs**

Trained Psychiatric Assessment counselors refer to public, low cost and private inpatient and outpatient therapy based on caller's clinical need. Crisis intervention available.

**Covenant House Neline**

**(800) 999-9999**

Crisis line for youth, teens, and families. Help for youth and parents regarding drugs, runaway children, abuse, homelessness, and message relays. Referrals to resources throughout the U.S.

**CSP Sexual Assault Victim Services**

**(714) 957-2737; South County: (949) 831-9110; Central & North: (714) 836-7400**

24 hour Emergency response to needs of sexual assault victims and their families. Crisis intervention , emergency assistance, accompaniment to hospital, law enforcement and court, information and referral and community education. Staff speaks Spanish

**Domestic Violence Hotline**

**Women's Transitional Living Center**

**(714) 992-1931**

Access to shelter for battered woman and children. Counseling, information and referrals.

**Domestic Violence / Sexual Assault**

**Center for Pacific Asian Families**

**(800) 339-3940 & (323)653-4042**

Hotline for women and children who are victims of domestic violence, sexual assault and child abuse. Crisis intervention, emergency shelter, counseling and referral services. Staff speaks, Chinese, Korean, and Thai.

**Suicide Hotlines: (877) 727-4747; (310) 391-1253 ;( 800)273-8255**

**Military Veterans Suicide Hotline (800) 273-Talk press 1**

**Suicide Hotline in Spanish (800) 273-press 2**

**LGBT Youth Suicide Hotline(866) 4-U-TREVOR**